

Scraps of Wisdom

President's Message : Choices

Recently, I've experienced some down time which tends to lead to time spent thinking and reflecting about many things. I decided to emphasize the positive rather than dwell on the negative. As with the majority of our life, it's preferable for our guild if we have an attitude of gratitude as opposed to criticism. (I've previously written about the positive aspects of our guild.)

Hopefully, for the long-term health of our guild, issues won't spread into negative opinions that could develop into an illness, just like a virus. As preventative medicine, we can bring them to executive members via email, a phone call, or attending an executive meeting. As with some ailments, it takes time to investigate, consult with others, and gather enough information to come up with a solution. These remedies result in continued health.

I am grateful that the positives completely outweigh any potential negatives in our guild for me personally. We all have the right to our feelings and opinions. Consequently, we choose if our glass is half full or half empty. It's what we do with the glass and it's contents that make the difference.

It is our responsibility to realize as members, our guild has so much to offer ourselves and our community and to do all we are capable of to keep it positive and healthy. - Eileen Fennell, President

Next month: Specific Remedies

Executive Opportunities

We will be needing the following executive and chair people for our next guild year, 2017-2018: **Vice-president, apprentice treasurer** and **afternoon librarian**. **Vice-president responsibilities** include presiding at meetings in the absence of the president, conducting the election of officers at the AGM, presenting the list of nominees and calling for any further nominations from the floor and acting as executive liaison for the outreach committees and CQA. The **Apprentice treasurer** would shadow Darlene Yanke, our current treasurer, who would mentor you into the role of treasurer. The **Afternoon librarian** is responsible for setting up the library, purchasing books and organizing library helpers and the annual inventory.

Please start thinking about who you will nominate or if you would be willing to put in your own name, for these or any other executive position.



Pat Janowski's "Hearts Full of Love", shown at our November Guild meeting, inspired by a "stash buster" shared by Lisa Van Galen at a guild meeting a few years ago.

The Waterloo County Quilters' Guild provides an opportunity for quilters to learn in a supportive, sharing, social environment. We encourage you to get the most out of your membership by becoming more deeply involved in the guild.

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February Program

Carol Ross Williamson

Our speaker this month is a member of our own guild, Carol Ross Williamson. She will share her love of quilting, her love of bright colours and information about how to make quilts visually exciting. Carol is a former artist and journalist and has had numerous courses on layout and colour. That knowledge has helped her pick out colours and fabrics for the quilts and to arrange them in a pleasing manner.



Many quilt books tell you how to choose colours, how to recognize the importance of value and contrast. But few books describe how to make quilts look better just by placing certain colours or blocks in certain locations. There is a science to this and an easy formula. Quilts selected for shows and awards often exhibit this formula, perhaps unwittingly.



Carol loves modern quilts using traditional patterns. Her quilts vary from tried and true patterns to original designs. They are bright and fun and reflect this time period. She will use her quilts to demonstrate her journey from traditional patterns, (she has always loved Amish quilts) to the freer form embraced today. The growth of the modern movement is fascinating and reflects our busy lifestyle where quilts can be whipped up quickly. Having fun and exploring new looks should resonate with her fellow quilters.

'The Rugged North' designed by Pam Goecke Dinndorf, in the book, Colorific. Pieced and quilted by Carol Ross Williamson

'The Ritzy Hen House' designed by Elizabeth Hartman, in the book, Modern Patchwork. Pieced and quilted by Carol Ross Williamson



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Scrap Bank

Thank you Sandy Campbell for sorting fabric into the marked bins. We will be adding a bin: Strips and Strings. Please put donations in the proper bins or give them to Sandy Campbell or Kathy Langill. We will also have a monthly helper. If the fabric is not suitable for quilting, it will be donated elsewhere.

DON'T FORGET TO SIGN IN AT THE MEMBERSHIP DESK AND GET YOUR DOOR PRIZE DRAW TICKET! It is important for fire regulations that we know how many people we have in the community centre, especially during the afternoon meetings.



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Some guild members are sensitive to scents: Please refrain from wearing perfume to guild meetings.

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Reminders:





WATERLOO — A dry house for women will soon be opening in Waterloo.

Vera's Place offers a supportive home for women recovering from substance abuse, a place where they can restart their lives.

"They're really on their way home," said Rev. Bruce Sweet, minister of Emmanuel United Church. "This provides a safe, dry environment."

Vera's Place emerged from a partnership between Emmanuel United and the House of Friendship, with plenty of support from the community.

"This is not a church project. This is a community project," said Karen Dixon, committee member and co-ordinator.

Emmanuel United owned a duplex in Waterloo, which had been used by the church and then rented out, but the 110-year-old building was deteriorating and essentially needed to be gutted with new electrical, plumbing and insulation added.

A fundraising campaign was started in late 2015 with a \$350,000 goal for renovations.

"So much of it came from beyond the church," Sweet said.

The campaign kicked off with a \$100,000 donation from Bob and Judy Astley. The name is in memory of Judy's mother Vera Armour, who raised four children in Waterloo Region and believed in supporting women on their life journey.

Just shy of \$300,000 has been raised in cash, and tradespeople generously donated time and materials to transform the Dorset Street home.

"We could have never done this without the in-kind donations," Dixon said.

Work began last spring, with some delays due to heritage issues.

The House of Friendship recommended making it a dry house for women because while there are dry houses in the region for men, there aren't any spots for women.

The House of Friendship will take over once the women move in, running programs and helping the women move onto the next step.

Rent will be below market value, and subsidized by Thresholds Homes and Supports Inc., formerly Waterloo Regional Homes for Mental Health.

The official open house is on Feb. 9, and then the women will begin moving in the following week. Each side of the duplex has room for three women, who can stay up to 364 days.

"It gives them a space apart," Sweet said.

And that space is vital to continue recovery.

"Unless someone has stable housing, you cannot deal with other problems," Sweet said.

Emmanuel United knows about the need for supportive housing firsthand. It operates a drop-in centre called Bridgeport Café, which opens three afternoons a week to offer food, warmth and community to the homeless or marginally housed.

After years of work, the volunteers are thrilled the home is almost ready to open its doors to vulnerable women in need.

"Really delighted that it's come together so beautifully," Dixon said.

"We're quite happy that we were able to do this," Sweet added.

- Johanna Weidner, Waterloo Region Record (copied from Joanna's January 27, 2017 article)
<http://www.therecord.com/news-story/7087854-dry-house-for-women-opening-in-waterloo/>

Many guild members have contributed quilts and money to this endeavour. Please join us for Vera's Place Opening Celebration on Thursday, February 9th from 4 to 6pm. Remarks and ribbon cutting at 5 pm. - Marilyn Hollinger

Mannheim Sewing Circle

February 8th, 9am to 4pm

February is Stone Soup month! Bring a cup of veggies or protein to add to our soup broth. It will simmer all morning and be ready for lunch. Fresh bread/rolls will also be served.



Anyone who still wishes to donate half-square triangle blocks to our charity quilt project can do so in February. We already have two quilt tops organized, and any final blocks handed in at the February Sewing Circle will go into the third quilt top. Thanks, everyone, for your outstanding participation!

New faces are always welcome at Mannheim. Bring a project of your choice to work on; tea and coffee will be available. Directions can be found in your guild handbook or on the WCQG website. Your \$4 contribution helps pay the cost of the room rental.

Please note: In case of inclement weather: if schools are closed in the morning, the Mannheim Sewing Circle will be cancelled. Call Megan Stauch or Tamara Gilhuly if you have any questions

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CHAIR SALE



The annual Chair Sale will be held at the **February** meeting this year, a chance to gather once-loved but no-longer-wanted treasures to hopefully sell to new owners.

Please bring cash to spend and priced articles to sell!

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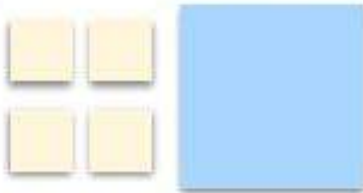
Stefan Deskur Tel - (519)837-1322
www.prosewingmachinedoctor.com Fax - (519)837-5796
Email - stef@sewdoc.ca

Using Up Scraps #9 with Vikki MacDonald

Scrappy Snowball Quilts

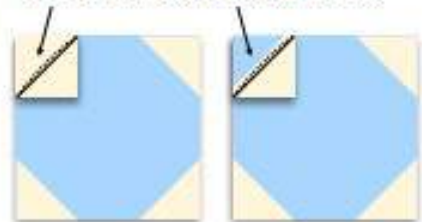


For each snowball block you need four 2½" squares and one 6½"



With right sides together, sew the 2½" squares "almost" diagonally to each corner of the 6½" square. If instead of sewing a straight line, you slightly curve the line towards the corner, you are more likely to get a perfect fit. Before trimming the small square to a ¼" seam allowance, check for accuracy by finger-pressing toward the corner.

Trim the excess of the small square.



Snowball Variations



Controlled-width strips
e.g. three of 2½" by 6½"



Multi-width strips



Various Values of one colour



Snowball + Nine-Patch
Secondary "Stars"



Snowball + Nine-Patch
Woven Impression



I Spy Quilt



Arthritis Bluebird Quilt

Your beige or blue strata blocks, log cabin blocks and appliquéd bird blocks are now needed so we can assemble the quilt top. Please contact Marg Sandiford to drop off your completed blocks at 519-886-4162.

Please email your arthritis experience stories to wcqg@wcquiltersguild.on.ca for inclusion with the quilt. Thank you to everyone who has participated in this effort, supporting the Arthritis Society.

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Days for Girls



What Is Days For Girls?

Worldwide many girls miss days every month, and many leave school altogether, due to a lack of feminine hygiene products. DAYS FOR GIRLS provides washable sanitary kits, the proven cheapest and environmentally friendliest solution.

- ☑ **Education:** Decrease absenteeism, lessen dropout rate. Continuous schooling and more likely to graduate.
- ☑ **Health:** Safe and healthy and awareness on Feminine Health
- ☑ **Economical:** Huge savings, reusable for 3 years
- ☑ **Environment Friendly:** Zero wastes for 3 years

If you care, give underwear

Your help is needed to fill a large order of Days for Girls kits that will be taken to Kenya, Tanzania, Angola and Haiti this year. Days for Girls Kitchener Team will be delivering 1,000 kits to young women this year allowing them to attend school when menstruating.

On March 15 and April 19, our team will be collecting supplies for our kits. Please help with a donation of girls and ladies panties. Girl's sizes 10, 12 and 14, also ladies small are needed. They need to be full briefs, no bikinis or boy cut. Brightly coloured is best.

Is your stash taking over your house?

We need fabric: 100% cotton for our shields and bags (bright and colourful); flannelette (darker prints and solids); no animals, faces, bugs or camouflage; at least 15 inches square please.

Here is a list of other needs for the kits:

- Lightweight washcloths (dark colours)
- Hotel size bars of soap
- Large freezer size ZIPLOC brand resealable bags without sliders
- Spools of 5/8" grosgrain ribbon—any colours
- Good quality serger thread
- Cash donations gratefully received

To learn more about Days for Girls, please check out the website: www.daysforgirls.org

Your Days for Girls-Kitchener Team thank you!

- Fabia, Jan, Bernice, Judy, and our team of 25+ members



Silent Auction Items Wanted



Please bring your silent auction items to our guild meetings. These items will be gathered into baskets and attractively displayed during the Quilt Exhibit in October. There is a table designated for these items at our guild meetings.



Creative Sisters Quilt Studio
 321 Lancaster St. W.
 Kitchener, ON N2H 4V4
 519-584-2130
 www.creativesisters.ca

If you know of a guild member who has become ill, please let our secretary, Robin Bogaert know so she can send a get well card from all of us.

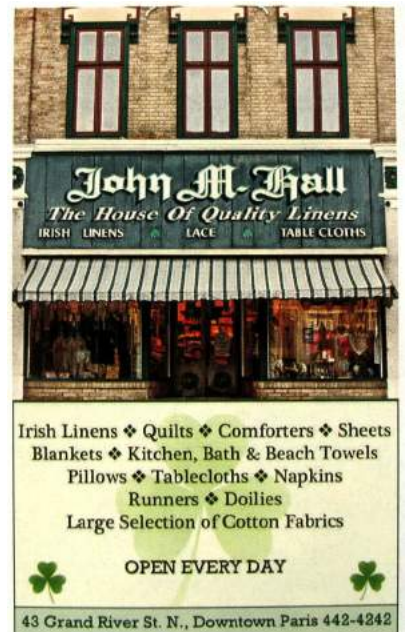
Boutique Items for Our Quilt Exhibit

For every item donated to the boutique, you get a chance to win a \$50 gift certificate. Three small items entitle you to one entry, each large item entitles you to one entry. We are also accepting used quilt magazines, but there are no entry ballots for these.

Thanks, Alin Chan, Quilt Exhibit Boutique Co-ordinator

Preparing for the 2017 - 2018 Guild Program

Potential speakers for next year's guild meetings need to be contacted now. If you are willing and have access to email, please let Kathy Langill know so members can send their speaker ideas to one person who will coordinate contacting potential speakers.

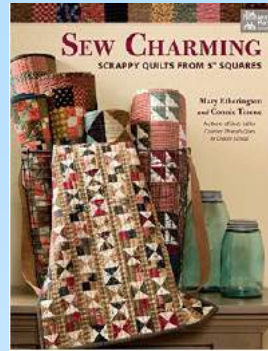
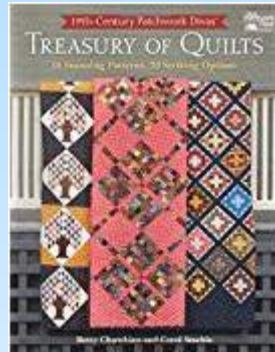


Check Out Our Latest Library Additions!



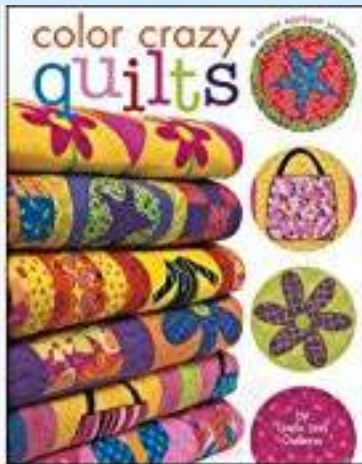
12-Pack Quilts: Simple Quilts That Start with 12 Fat Quarters

19th Century Patchwork Diva's Treasury of Quilts

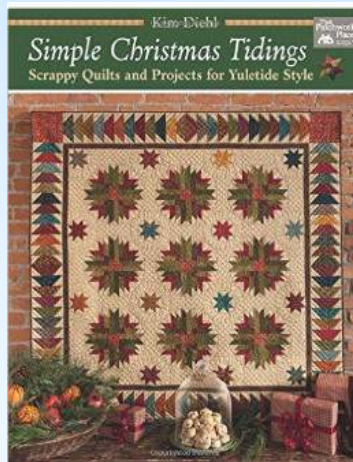


Sew Charming: Scrappy Quilts from 5" Squares

Crazy for Baby: 4 Fast and Fun Quilts



Color Crazy Quilts



Simple Christmas Tidings



Quick & Easy Quilts for Kids

Don't forget the Library Challenge!

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WCQG QUILT EXHIBIT 2017

We are looking for all kinds of quilts to be shown at our Quilt Exhibit on October 13-14, 2017. Just about any quilt project will fit into one of these categories:

- Small wall quilt - maximum perimeter 180 inches (no minimum)
- Large wall quilt—perimeter greater than 180 inches
- Modern quilt
- Bed or lap quilt
- Other items - i.e., quilted jacket, quilted carrying bag
- Group quilt
- Small draw quilt - these quilts are used as draw prizes and will not be returned to you
- President's Challenge quilt

You may submit a maximum of six entries into the quilt exhibit in addition to the President's Challenge. Please look at the WCQG website under "Quilt Exhibit" to see the revised instructions when making a quilt sleeve.

Entry forms for all quilts need to be completed by the end of June. Quilts will be photographed at The Creative Sisters Quilt Studio in August 2017. Exact photography dates are yet to be determined. If you are planning a holiday in August, please make arrangements with a friend or family member to take your quilt(s) in to be photographed.

PRESIDENT'S CHALLENGE

For this year's President's Challenge, Eileen has chosen the theme of a song title or a line from a song. The size of the finished quilt should be 12½" by 12½" (the size of a record album!)

You may interpret the song title or line as you wish. Be creative. Will we be able to identify your song?

Your entry must have a sleeve and a label with your name, the name of the quilt, and the category (2017 President's Challenge) The challenge quilts must be finished and shown at the June 2017 guild meeting.

We will also be looking for a variety of sewn or quilted items to sell at our Boutique during the exhibit.

Happy quilting and thanks!

Bonnie and Ruthanne



Detail of Indian Splendour by Donna Funnell (GN 2015 - Connections)

The Grand National Quilt Show 2017

Oh! Canada

Joseph Schneider Haus Historic Site
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2017 Dates to Remember

Entry Submission Deadline: February 24, 2017
Accepted Entry Received at Joseph Schneider Haus by March 31, 2017

Exhibition Opens: May 7, 2017
Opening Reception: Sunday, May 14, 2017
Show Conclusion: September 3, 2017

The Invitation to Enter is available at
www.grandnationalquiltshow.ca

CLASSIFIED

Did you know guild members may advertise for **FREE** in our classified section?

One ad per issue per guild member—the content must be quilt related.

FOR SALE: Juki TL-98Q and B-Line Home Quilting System (barely used), asking \$700. If interested, please email lynmc@rogers.com or phone Geraldine 519-747-5848, if there is no answer, please leave a message.

FOR SALE: Old style wooden frame for hand quilting, includes 4 wooden stands, 4 wooden rails and 4 metal clamps, only \$15 to a good home. Call Linda Collins at 519-884-4721

Marble Guessing Game Winner

Congratulations to Susan S. Pearson, whose guess was the closest to the number of marbles in the jar at January's guild meeting. There were 892 and Susan guessed 898. Well done, Susan!



<http://sewmanyways.blogspot.ca/2010/06/tool-time-tuesdayi-think-i-have-screw.html>

Thank you, Emily Hunsberger for forwarding this cute way of hanging up your tape measure collection.

Rapid Resizer is an amazing way to take a small picture or pattern and 'super-size' for appliqué purposes. Al Cote suggested this website, <http://online.rapidresizer.com/> during his presentation at January's guild meeting. It is free to make an outline drawing of your picture in its original size, then there are fees to expand your original to whatever size you require, print it and tape the pieces together.- Marg Sandiford

LOOK WHAT I FOUND ON THE INTERNET DEPT.

Have you found something quilt related on the internet that you think other guild members would appreciate?

Maybe an idea for a boutique item, an interesting pattern or technique?

Send the link to margsandiford@hotmail.com and it might just appear in this space.

Please include whether it is free or not and all the contact information.



Quilting Tip of the Day: Dawn dishwashing soap is great to wash your finished quilts. It's similar to Synthrapol, a detergent dyers use to keep fugitive dyes from redepositing on fabric. I use just a tablespoon or two per quilt so it doesn't foam up the machine. I also wash new fabric with it for the same reason. (Wash new fabric in HOT water.) Cheap and available everywhere.

Thank you, Helene Doerfler for forwarding this hint from <http://www.42quilts.com/>

Quilt Exhibit Boutique Ideas



Mug Bags

Here is Emily Hunsberger's prototype for a mug bag. With so many meetings providing tea and coffee, this would be a good boutique item for those who like to bring their own mug. The yo-yo makes it easy to identify the owner. Emily cut 2 rectangles (1 for the bag and 1 for the cover) of the denim quilted fabric, boxed the corners and added a handle. (No pattern available)



Soup Bowl Cozy Pattern

<https://happyhourstitches.com/2016/12/19/soup-bowl-cozy-pattern/>

Ever burn your fingers while taking a bowl out of the microwave? Here's a free pattern to make these cozies with 2 10" squares of 100% cotton and 2 squares of cotton batting. (Anything with polyester or metallic may catch on fire.)

Pincushion Thread Catcher

<http://www.merrimentdesign.com/pincushion-thread-catcher.php>

Here's a cute and useful gift: a weighted pincushion with your own personal trashcan for stray threads and empty spools.



Do you have an idea or an inspiration, possibly from pinterest, that others might like to make for the boutique? Please send the link to margsandiford@hotmail.com so we can share these ideas in the newsletter. For those receive a paper copy of the newsletter, please contact Marg at 519-886-4162; I'd be happy to print a copy of a pattern for you if you are not able to print it yourself, and bring it to the next guild meeting.

NEWS
UPDATE



*Canadian Quilters' Association /
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<http://www.canadianquilter.com/events/quilt-canada-2017.php>

April 8th Workshop with Jackie Syer - Strip Piecing

Kathy Langill will start to take names of those interested in Jackie's workshop at the January meetings. The fee will be \$35, payable at the time of signup. There will be many variations of string and strip quilts. Kathy will have some examples at this month's meetings.



This workshop is full!



Monthly Specials – Weekly Features

Classes – Upscale Retreats

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WCQG Library Website

Wondering if we have a specific book in the guild library? You can check any time by visiting:

[www.librarything.com.catalog/wcgg](http://www.librarything.com/catalog/wcgg)

The books are all listed in alphabetical order by title. You can look page by page OR search titles or authors within our collection by typing in the search box on the same line as the words Your Library. Do not use the "Search Site" box. Don't see the book you are looking for? Remember we are always happy to have your suggestions for new purchases.

Thanks,

Ruthanne and Judy

Program Outline 2016-2017

February - Carol Ross Williamson & Chair Sale

March - Robin Bogaert

April - Sharon Fisher & strip piecing workshop with Jackie Syer (April 8th)

May - Harebrained Happenings

June - Annual General Meeting, evening meeting only



Elected Officers of the Guild 2016-2017

President: Eileen Fennell

Vice President: Lilla Hall

Treasurer: Darlene Yanke

Secretary: Robin Bogaert

Past President: Kathy Langill

Standing Committees

Historian: Ruth Hicks

Librarians: Ruthanne Snider (A)
Judy Pearce (E)

Membership: Madeline Hughes (E)
Pat Lockyer (E)
Kitty Mitchell (E)
Betty Anne Scott (A)
Bettie Schuurman

Newsletter: Marg Sandiford
Pat Lockyer - Mailings

Advertising Coordinator : Marg Sandiford

Program & Workshops: Kathy Langill

Quilt Exhibit: Bonnie Murdoch, Co-chair
& Ruthanne Snider, Co-chair

Website: Kathy Bissett



Quilting Months Ahead

Month	Day	Activity
February	8	Mannheim Sewing Circle
February	15	Regular Guild Meetings & Chair Sale
February	24	Entry submission deadline for Grand National
April	8	Jackie Syer Strip/String Piecing Workshop
May	23-26	St. Jacobs Quilt & Fibre Art Festival
May	26-27	New Hamburg Mennonite Relief Sale & Quilt Auction
June	14-17	CQC/ACC Quilt Canada in Toronto
October	13-14	WCQG Quilt Exhibit at RIM Park



Our website: <http://www.wcquiltersguild.on.ca/>

Scraps of Wisdom - February 2017

Waterloo County Quilters' Guild