



Scraps of Wisdom

Newsletter of the Waterloo County Quilters Guild

www.wcquiltersguild.on.ca

Volume 28, Issue 4

January 2012

Program for January 18, 2012

"Baker's Dozen" is our feature presentation. Four Guild members will be showing and speaking about 13 of their quilts: Elizabeth King, Renske Helmuth, Sally Gray and Trudy Dey. Come and see what these ladies are up to.

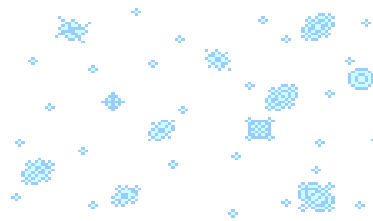
Show and Tell extra: if you have any log cabin quilts, old or new, please bring them along. We'd like to see how this traditional block can be used to create many different designs and layouts. It is very versatile!

Our vendor this month is *Recollections* from Kitchener-Waterloo.

Pre-meeting sewing time will not be held in January and February because of the good chance of poor weather. Those that came out in October and November were very busy and had a good time visiting.

Trudy Dey and Vikki MacDonald

Program Committee Coordinators



Your Membership Handbook is a valuable tool. Please spend some time reading through the information pages. You will find meeting dates, membership rates, newsletter policies, website information, community outreach programs, workshop information, Mannheim information, the fabric bank, the library, our bylaws and standing rules. Do not hesitate to contact your executive if you have any questions or would like to volunteer.

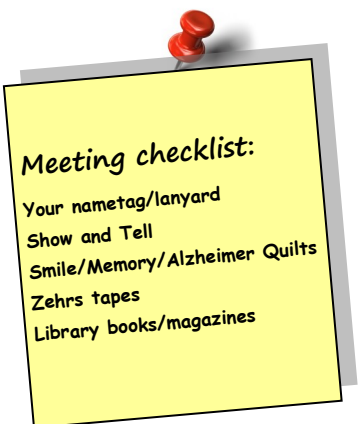
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Reminder of Meeting Times:

1:30—3:30 (doors open @ 12:45)

7:30—9:30 (doors open @ 6:45)



Meeting checklist:

- Your nametag/lanyard
- Show and Tell
- Smile/Memory/Alzheimer Quilts
- Zehrs tapes
- Library books/magazines

Bonnie Murdoch

President's Message

Happy New Year! I do hope you had a good holiday with family and friends and maybe some quality time with your sewing machine as we look forward to all the possibilities for this new year.

Most of the holiday decorations are put away by now and we have perhaps made one or two New Year's resolutions. I confess that I didn't get out every day in December to walk and so I have resolved to try harder to do the walk. "You Docs" (found in the The Record) suggest walking first thing in the morning for three reasons:

1. You stick with it since you don't get too busy with other activities.
2. You sleep better because it is not 3 hours before bedtime. Brain scans show that fitting fitness around 7 am helps you spend 75% more time in deep sleep than later day workouts do- and you cycle through the stages of sleep more often. Hitting all four sleep stages several times keeps your energy high, your mind sharp and your body looking good.
3. You catch fewer colds because regular exercise boosts immunity. I have found that if I take a calendar and write down my steps and walking time, it helps me to keep on track.

Another New Year's resolution for me is to get those P.I.G.S. quilts finished since I have put money down for them and they need to be done. I think I need to stack them up on my table to keep reminding myself that there are 5 to complete.

But these cold months seem to be made for staying in the sewing room (after I have walked!) or looking forward to the baker's dozen quilts that we will see from four of our talented members at the January meeting. I am sure these quilts will spur us on to trying new techniques. I got a smile quilt finished based on one of Vikki's de-mystifying quilts. I want to try another one practicing on a smile quilt. Thank you, Vikki and Trudy for all these helpful hints.

Happy New Year's quilting to you all!

Bonnie



Wanted - Sewing Machines/Serger

For free or reasonable price. Older model used machines acceptable as long as they are in working order. Will be used at church to alter clothing for the homeless and for other charity work. Please call Marg 519-880-1690 or Karen 519-664-0999. Emmanuel United in Waterloo is starting a "4 Others" group to sew/knit/make items for those in need. Karen brings her own sewing machine one afternoon a week to a drop-in centre for street people and alters donated clothing for them. Both ladies would like to have machines at church available to use.

Marg is a member of our Guild.

Block of the month

Thanks to everyone who participated in the autumn block draw. Congratulations to our afternoon and evening winners, Shanta Ragde and Marney Heatley.

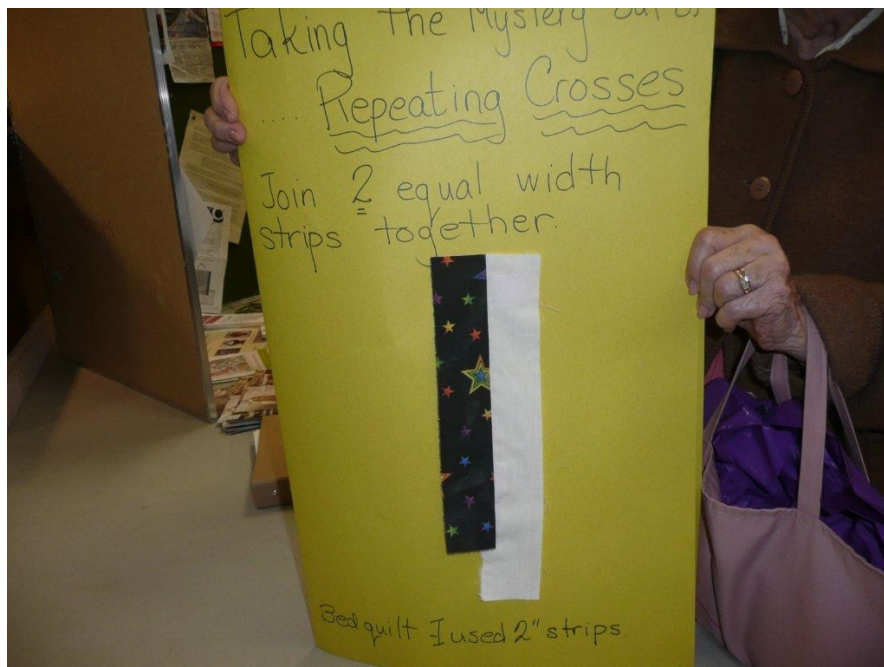
In January we will introduce another draw to be completed by the February meeting. This time we are going to try the Repeating Cross block that Vikki took the mystery out of last meeting.

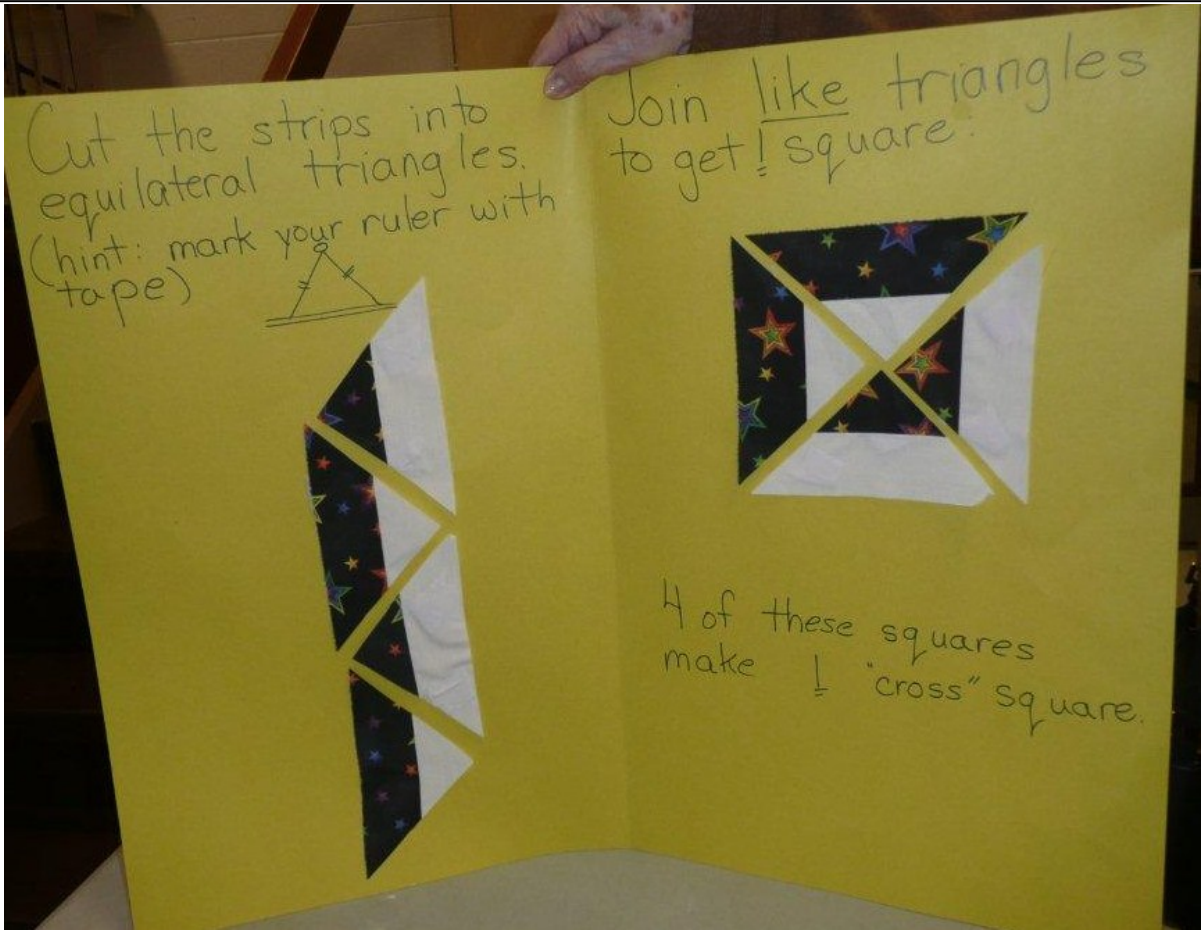
Please begin with 2 inch wide strips and follow the instructions provided by Vikki in this newsletter. We are asking for a dark batik and a light batik; your choice of colour.

Looking forward to seeing many batik repeating cross blocks in February!!

Judy Pearce and Doreen Bone

Taking the Mystery out of a "Repeating Cross" Block





Mannheim Quilting Circle - January 11, 2012 9 am - 4pm

Winter blues setting in? It's warm and sunny in Mannheim. We will lift your spirits and warm your heart.

Bring your projects, sewing machine, hand quilting, basting and chase those winter blues away.

Bring your lunch/snacks/beverages. Fast food is a short drive away. Directions are in your handbook or on the Guild website under "community outreach".

Fabia Joyce and Bernice Gammy

Many thanks to the ladies at the Mannheim Quilting Circle and those ladies in the Guild who donated materials to help make gift bags to sell in support of Sleeping Children Around the World. I was able to add 60 bags to my inventory. In early December 10 bed kits were ordered. Your donations and help have been much appreciated.

Jan Hember

Quilting Time Together - Saturday March 31, 2012

We are having a "mini retreat" from 9am to 9pm at
Emmanuel United Church, Waterloo, Ontario

Cost will be \$30.00 for the day which includes your lunch
and dinner.

Sign up will take place at the February Guild meeting.

Limit of 30 people

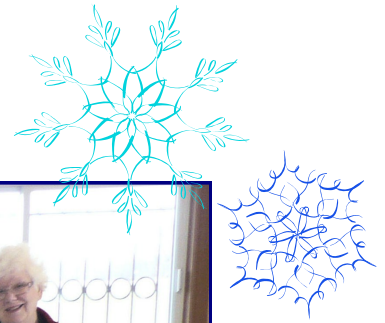


MEMORY QUILTS

Many thanks to the 24 Guild members who took out memory quilt kits in the Fall. Just a reminder to pull out those purple bags that are lurking in the corners of your sewing area and make the kit up (even if you don't especially like the choices of fabric or colours). We need to use up the fabric in our inventory. Any problems with a particular kit from this past Fall or one from a previous year can be discussed with Doreen or myself, Janet, by phone, e-mail or at meetings. Happy quilting in 2012!

Coordinators Doreen Bone and Janet Thomson Smith

Smile Bee Day November 2011

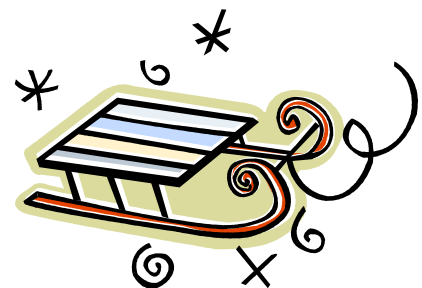


From the Newsletter Desk

Do you have an item of interest for the newsletter? You can share a story, sell something, find “lost” fabric, share your stash, find a quilting buddy or carpool to a quilt show.

Contact your newsletter editor Fabia Joyce - email fabia_steve@rogers.com

Please note that all submissions may be subject to editing for grammar, spelling and content.



New Professional Page on the Website

A new page is being added to the WCQG website. Members who provide a quilt-related service or operate a quilt-related business have an opportunity to be listed on the WCQG Professional Page(s). The listing will include the member's name, the name of the business and/or the type of service provided. It will include links to the contact information and website. If there is no website, a link to a document with information regarding the service/business can be established. The listing will not provide a full description of the business or information about specific events, specials, etc.

If you provide a quilt-related service or operate a quilt-related business and would like to be listed, please email the necessary information to the Guild's email address (wcqg@wcquiltersguild.on.ca). Provide the contact information you would like included and your website address or a document describing quilt-related service/business.

Kathy Bissett



Calls for Entry

- Joseph Schneider Haus “What’s in a Name” - Entry deadline Apr 20, 2012. Entry forms available at the Museum, 466 Queen St S Kitchener, ON N2G 1W7. Call 619-742-7752
- International Plowing Match - Entry deadline Jun 1, 2012. Guild members Mary Wiedner & Nita Timm have entry forms. Website: www.ipm2012.ca
- Ongoing Exhibits at the Greenwood Gallery (Guelph). Currently accepting submissions from individuals or groups for monthly exhibits. They seek to maintain a relationship with the tradition of quilting while exploring new avenues in textile art. Contact Christine Whitehouse 519-822-2790. email contact@greenwoodquiltery.com
- McDougall Cottage Wee Quilt Challenge “Plaids at Play” - Entry deadline Mar 5, 2012 McDougall Cottage, 89 Grand Ave S, Cambridge ON N1S 2L7 519-624-8250
- CQA National Juried Show - Entry deadline Feb 24, 2012 www.canadianquilter.com
- CQA “Youth Quilt Challenge” - Entry deadline Feb 29, 2012 www.canadianquilter.com/events/youth-challenge-2012
- 2012 Trend - Tex Challenge “At Home in My Garden By the Sea” - Entry deadline Apr 5, 2012 details CQA website

Reaching Out to Guild Members

Do you know a Guild Member who is sick or has lost a loved one? The Guild sends out “Get Well/Sympathy” cards to members. Please send a note or call our vice-presidents Judy Pearce or Sally Gray who take care of this. Due to the Canadian Privacy Act, we cannot publish or announce names at Guild meetings. We rely on your information to reach out to our quilting friends.



Doreen's Diddlies

Hey diddle, diddle,
Doreen likes to fiddle,
By making tiny diddlies by the score.

Pink, green and yellow,
Blue, orange and purple,
She made 7 000 diddlies and some more.
(7 500 to be exact)

An inch took 16 stitches,
Six sides with no glitches
Make 360,000 stitches – what a chore!

Hey diddle, diddle,
Doreen will never fiddle,
She'll make no more diddlies any more!

Congratulations Doreen, for your perseverance!
From all of us at the retreats who watched your diddlies accumulate.

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On the Calendar

Sept 10, 2011 - Mar 25, 2012	Building Warmth: A Log Cabin Exhibit Aboyne, Ontario Wellington County Museum (Fergus) Website: www.wcm.on.ca
Jan 14 - Feb 25, 2012	In the Gallery-Greenwood Quiltery SAQA Synthesis II—Laurentian Foothills 275 Woolwich Street, Guelph, ON N1H 3V8 www.greenwoodquiltery.com
May 24 - Jun 2, 2012	Quilt Canada “Seams Like Home” Halifax, Nova Scotia http://quiltcanada2012.ca
May 18 - 20, 2012	3 Workshops with <u>Hollis Chatelain</u> : Quilt Line as the Third Design Aspect; Painting Images with Dyes; Quilt Line as the Third Design Aspect www.hollisart.com Workshops to be held at Marilyn's Quilt Studio at 4 Venus Cres, Heidelberg, ON. Cost is \$130/workshop and includes lunch. Contact Marilyn Farquhar for more info: 519-699-0255 or marilyn@providentmanagement.ca



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Websites for Events in Canada and the USA

Canadian Quilters' Association web
www.canadianquilter.com

American Quilter's Society web
www.americanquilter.com



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