



Scrap of Wisdom

Newsletter of the Waterloo County Quilters Guild

www.wcquiltersguild.on.ca

Volume 27, Issue 2

October 2011

Program for October 19, 2011 - Martha Schellingerhoud - Trunk Show

Our guest speaker this month is Martha Schellingerhoud. She will be giving us a trunk show featuring approximately 30 of the 80 quilts she has made during her quilting career. We will be taken on a journey of all of Martha's noteworthy quilt projects over the years. This will be in chronological order allowing us to observe the development in her skills. Included in the presentation will be her collection of miniature quilts and a brief demonstration outlining her technique of quilting full size bed quilts on a regular household sewing machine.

P.I.G.S. Reminder:

You have October and November to register for our challenge. "P.I.G.S." stands for Project in Grocery Sack. It's a project that you intend to get to and finish some day. Register your project(s) for \$1.00 each, show the completed project during show-and-tell before the May meeting and you will receive a ballot. During the May meeting we'll draw from all the ballots and you could win all the money!

Pre-Meeting Sewing Time in October and November

We have booked our meeting room for the morning of the October and November Guild meetings (i.e. Wed Oct 19 and Wed Nov 16) for sewing time. From 9:00 - 12:00 you can come with your sewing machine to work on one of your own projects or bring some handwork like applique. This is a chance to have some uninterrupted time to do what you want to do and a chance to talk with and meet other quilters. You could work on your P.I.G.S. challenge! Vikki MacDonald will be there to offer help for the "Buzz Saw" block (that she demonstrated at the Sept meeting) if anyone wants to try it. We will be on the stage where there are electrical outlets. There will be a few ironing stations set up. At 12:00 we need to clear out completely so that the Guild committees can set up for the afternoon meeting. Please bring your own coffee/drink/snacks.

Our Vendor this month is the Quilt Junction from Waterford

Trudy Dey and Vikki MacDonald

Program Committee Coordinators

Inside this issue:

	Page
Program	1
President's Message	2
Executive	3
Help Wanted	3,5
Mannheim	4
Quilt Show	4
Guild Retreats	4
Workshop	5
Zehrs Tapes	5
Professional Page	6
Calls for entry	6
Ask an Expert	7
For Sale	8
"Buzz Saw" Block	8
Victoria's Quilts	8
On The Calendar	9,10
Editor Comments	10

Reminder of Meeting Times:

1:30—3:30 (doors open @ 12:45)

7:30—9:30 (doors open @ 6:45)

Meeting checklist:

- Your nametag/lanyard
- Show and Tell
- Smile/Memory/Alzheimer Quilts
- Zehrs tapes
- Library books/magazines

Bonnie Murdoch

President's Message



This is one of my favourite times of the year. The garden has about had it so I have one less pull on my attention, the weather is great for a walk, quilting classes have really started and the stores are full of material.

By the time you are reading this we will have had a successful Quilt Show. So many hours went into this show and we all can take a grand bow that we gave the community a great display of what quilters can do. The quilt committee will be able to give us a report showing how successful we were in the near future. If you have the chance to get out to Mannheim on the second Wednesday of the months, I encourage you to experience a quilting day with problem solvers ready at hand, a sharing community, friendly encouragers and many laughs. Another idea is to invite a few fellow quilters to your home. The comradeship is very conducive to finishing up projects and learning new skills.

How goes the challenge to walk more? My intensions are good and my pedometer helps me to see my more successful days. I do like these cooler days since I don't sweat at all when I walk. Here is another reason that walking is good. I found this article in Prevention Magazine with two words altered: "Fight Memory Loss with your Feet". Put your seam ripper down only to forget where you set it? Take more walks. Just 40 minutes 3 days a week can help prevent and even reverse memory loss and other effects of aging. That's because moderate exercise increases BDNF, a protein associated with improved memory and learning. Plus exercise can actually increase brain volume, while non-exercisers experience a shrinkage of the brain - a contributing factor in memory loss and Alzheimer's disease.

This "40 minute x 3 day" walk averages about 14 minutes a day. So, how about either doing 14 minutes of walking a day OR 40 minutes for 3 days a week? We want to find that seam ripper or the membership handbook or the recently purchased pattern. We want to have fat heads and not just from the fact that we had a terrific quilt show.

Happy quilting and walking!

Bonnie Murdoch

Your Membership Handbook is a valuable tool. Please spend some time reading through the information pages. You will find meeting dates, membership rates, newsletter policies, website information, community outreach programs, workshop information, Mannheim information, the fabric bank, the library, our bylaws and standing rules. Do not hesitate to contact your executive if you have any questions or would like to volunteer.

WCQG Executive

2011/2012

President

Bonnie Murdoch

Past President

Doreen Bone

Vice Presidents

Judy Pearce & Sally Gray

Secretary

Joan Doke

Treasurer

Cindy MacKay-Musso

Standing Committees

Historian

Ruth Hicks

Librarians

Ruthanne Snider & Louise Heintz

Membership Chair

Madeline Hughes

Website

Kathleen Bissett

Newsletter Editor

Fabia Joyce

Program and Workshop Chairs

Trudy Dey & Vikki MacDonald

Quilt Show 2011 Chairs

Colleen Robertson and Marg Cassel

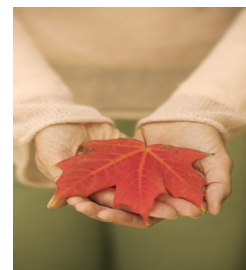
Reaching Out to Guild Members

Do you know a Guild Member who is sick or has lost a loved one? The Guild sends out "Get Well/Sympathy" cards to members. Please send a note or call our vice-presidents Judy Pearce or Sally Gray who take care of this. Due to the Canadian Privacy Act, we cannot publish or announce names at Guild meetings. We rely on your information to reach out to our quilting friends.

Help Wanted

Are you familiar with the "Gracie" quilting machine frame? I am looking for a machine quilting frame. I would appreciate any information or advice, particularly if you use a Grace Company frame.

Thanks! Helene Stevens email: helene.sewwhat@rocketmail.com.



Quilt Show Report

We want to thank everyone for all their hard work for a very successful Show again this year. Once the ballots have been tabulated, the money all counted and we will have a detailed report for the October Guild meetings and the November newsletter. Great job everyone.

Marg Cassel and Colleen Robertson
Co-convenors Quilt Show 2011



Show Boutique

Thank you to all the Guild members who donated items for the show boutique. You made so many beautiful things!! We appreciate your creativity and generosity.

Judy Pearce and Doreen Bone

Mannheim Quilting Circle - First meeting Wednesday October 12, 9am to 4pm

Please join us this year. We are an informal group who bring our projects and spend the day working together. There is lots of room for your sewing machine and tables to baste your project. We learn from each other and have a lot of laughs. Bring your lunch/snacks/beverage if you are staying for the day. Fast food is also a short drive away. You can spend the whole day or a few hours. We have fun theme days (remember stone soup?).

Looking forward to seeing new members. Directions in your handbook.

Coming in November "Bag Ladies"

Fabia Joyce and Bernice Gammy

Guild Retreats

Two Guild Retreats are planned! The first will be November 10-13, 2011 at The Oakwood Inn at Grand Bend. Enjoy good food, friends and plenty of time to quilt at a new venue for \$430.00 for the weekend. The second retreat is planned for March 15-18, 2012 at Brentwood on the Beach for \$400. Please contact Megan Stauch at 519-748-1254 or at megan.stauch@rogers.com for more details about either of these retreats.



Workshop in October-Quilting in Sections with Martha Schellingerhoud

Due to overwhelming interest, we have arranged 2 dates for this workshop. There are still spots available for both days. Register at the "workshops" table at the Guild meeting.

Friday October 28, 2011 --OR-- Saturday October 29, 2011 – 9:30am to 4:00pm

Mannheim Community Centre

Cost: \$30/person, required when registering



Martha will be leading us in a workshop to learn more about her technique of quilting in sections by trying it. This amazing technique will allow you to quilt large quilts on a regular household sewing machine. Three variations will be taught. Two of these are done so that the finished quilt has no visible sign of being quilted in sections. Various quilts that have been quilted with these methods will be shown. Other places that these applications could be used will also be explored. Knowledge of machine quilting (free motion - but it doesn't have to be perfect) is required.

Wanted

I am looking for a source of Tyvek envelopes, usually used in office settings to send special documents. They can be used..... most likely would be discarded after use.

Contact Judy Gascho-Jutzi (phone number in membership book)

www.JudyGascho-Jutzi.ca

ZEHRS TAPES

ZEHRS TAPES

ZEHRS TAPES

This is a big THANK YOU to everyone that has handed in their Zehrs tapes over the last Guild year.

The Guild received a cheque from Zehrs this summer in the amount of \$540.00 and this is going to our Outreach Programs for the use of backing and batting.

So, please continue to bring in your tapes. There will be bag on the Membership table. It doesn't cost anything and it is for a good cause. I also want to thank everyone for handing in their tapes in a nice flat packet and not all crumbled up. It sure makes the job easier.

Thank you, Joan Doke

New Professional Page on the Website

A new page is being added to the WCQG website. Members who provide a quilt-related service or operate a quilt-related business have an opportunity to be listed in the WCQG Professional Page(s). The listing will include the member's name, the name of the business and/or the type of service provided. It will include links to the contact information and website. If there is no website, a link to a document with information regarding the service/business can be established. The listing will not provide a full description of the business or information about specific events, specials, etc.

If you provide a quilt-related service or operate a quilt-related business and would like to be listed, please email the necessary information to the Guild's email address (wcqg@wcquiltersguild.on.ca). Include the contact information you would like included and your website address or a document describing quilt-related service/business.

Kathy Bissett

Calls for Entry



- Joseph Schneider Haus "What's in a Name" - Entry Deadline April 20, 2012. Entry forms available at the Museum, 466 Queen St S Kitchener, ON N2G 1W7. Call 619-742-7752
- International Plowing Match - Entry Deadline July 1, 2012. Guild members Mary Wiedner & Nita Timm have entry forms and fabric. Website: www.ipm2012.ca
- Ongoing Exhibits at the Greenwood Gallery (Guelph). Currently accepting submissions from individuals or groups for monthly exhibits. They seek to maintain a relationship with the tradition of quilting while exploring new avenues in textile art. Contact Christine Whitehouse 519-822-2790. email contact@greenwoodquiltery.com
- 337 Sketch Gallery is looking for artists to exhibit in a Textile Art Show. The work must consist of fiber as the main medium. Works must be no larger than 1 metre in height and width. Original Works Only. Entry Deadline Nov 5, 2011 email: 337sketch@gmail.com
Exhibition Dates Dec 2-18, 2011
337 Sketch Gallery, 337 Ottawa St N. Hamilton ON L8H 3Z8

Ask an Expert—"Queen Quiltie"

Dear Queen Quiltie,

I am about to start a black and white quilt. What colour thread do I use?

Signed anxious, in Waterloo

Dear Anxious,

There are two possible answers. First if you only own thread that is menopause mauve and gallbladder green you can loosen your tension and have all the construction thread show for a very unique look (putting different colours in your top and bottom) OR, if you own black and white thread, use either because your construction stitches should not show on the top. If they do, you need to adjust your tension or stop stretching your fabric! Sincerely Queen Quiltie.

Dear Queen Quiltie,

How do I get blood out of a quilt?

Signed, your friend in quilting Puzzled

Dear Puzzled,

Have we met? Are we friends, really? This is a very serious question. Maybe you should not remove the blood. If you suspect a murder has taken place, take the quilt to the police immediately. If its your own blood, use you OWN spit. That'll do it. Now if a friend has put the blood on your quilt and her spit is not available, cold water DABBING with stain remover soap should work. (I advise you not to let that "bleedin" friend work on any more of your quilts). Hopeful that I am helpful, Queen Quiltie

Dear quilters, please submit more questions in the "Ask an Expert" box. Q.Q.



Trudy's Quilting Service
Trudy Dey
Edge to Edge & Custom
Long Arm Machine Quilting
Waterloo, ON.
519-888-6278
Email: trudy.dey@happydeys.ca



De Olde Fabric Shoppe
Over 2000 bolts of exquisite designer quilting fabrics to browse.
Large variety of kits, books, patterns and notions.

Register online for our Friday Freebie Offers

327 Erie St., Stratford, ON, N5A 2N1 519-273-5773
www.yeoldefabricshoppe.com yeoldefabricshoppe@rogers.com

Victoria's Quilts

After reading in last month's newsletter about Victoria Quilts project I went to talk with Shiela Goldsworthy to get more information.

They are in need of volunteers to make quilts (batting and backing supplied). The size of quilts requested is approximately 50 x 70 (just the quilt tops - they have quilt kits to be made up). They meet once a month at Pix Martins Studio location in the Silos where work can be completed or begun. They would like to build up an inventory before it be known that these quilts are available to anyone who has someone that is recuperating from cancer. This would be a great way to use up scraps.

If you are interested in volunteering for this organization please let us know by contacting Victoria Quilts (vqbecausewecare@gmail.com).

Judy Cumming

For Sale

Wooden quilt frame - fits up to Queen size quilt (90" x 100")

Stands 30" high; made from curved steel plates (14" dia.) with steel poles and C-clamps.

Wood side/end boards - 2 each of 74", 96" and 120" Pictures on Kijiji: <http://kitchener.kijiji.ca/c-buy-and-sell-hobbies-crafts-Wooden-Quilt-Frames-w-Steel-Stands-WoQQAdIdZ290235817>

Contact Cathy at mcfadden.cathy@hotmail.com

Taking the Mystery out of a Buzz Saw Block

For two blocks you need: 1 background square 8 by 8 inches

1 "blade" square 8 by 8 inches

2 "blade" strips 2 by 8 inches



Sew the two large squares to make two half triangle squares:

Next slice them into 4 segments keeping the directions of the

Triangles the same. Rearrange the slices of the squares and add

The blade strip.



Next Rotate 4 of these to complete a Buzz Saw Square



These can be
done 2 colour
or scrappy

On the Calendar

Sept 10 – Oct 15, 2011	Dwayne Wanner In the Gallery, Greenwood Quiltery, 275 Woolwich St , Guelph, ON, N1H 3V8 www.greenwoodquiltery.com
Sept 10, 2011 - March 25, 2012	Building Warmth: A Log Cabin Exhibit Aboyne, Ontario Wellington County Museum (Fergus) Website: www.wcm.on.ca
May 18 - Nov 20, 2011	Magic Squares: The Patterned Imagination of Muslim Africa in Contemporary Culture - The Textile Museum of Canada. Also their permanent collection contains more than 12,000 artefacts and spans almost 2000 years and 200 world regions - fabrics, ceremonial cloths, garments, carpets & quilts. 55 Centre Ave. Toronto 416-599-5321 www.textilemuseum.ca Open daily 11-5 Wed 11-8.
Oct 2 - Dec 11, 2011	Naturessence Cathy Breedyk-Law and Elaine Quehl, Mississippi Valley Textile Museum, 3 Rosamond St E, Almonte, ON KoA 1A0 mvtm.ca
Oct 14 - 15, 2011	Halton Hills Quilter's Guild 20th Anniversary Quilt Show 2011 9188 Winston Churchill Blvd., Norval, On., Croation Centre. Contact: Judy Makinson, 905-877-4338 judyquilts@sympatico.ca Or haltonhillsquiltshow@gmail.com
Oct 15 - 16, 2011	Quilt Show and Sale Rouge Valley Quilters' Guild 75 Centennial Road, Ajax, On. Contact: Jean Reid jeanreid@sympatico.ca web www.rougevalleyquiltersguild.com
Oct 17, 2011	The Dufferin Piecemakers Quilting Guild invite your members to a concert with Cathy Miller, the Singing Quilter. The concert will take place at our monthly meeting on Monday, Oct. 17 at 7:30 PM. Our meetings take place in the Community Room of the Orangeville Agricultural Centre at 7:30 PM. Map: http://www.orangevillefairgrounds.ca/directions It's a large facility so we have lots of room for guests. Guest fees are \$5.00 Come earlier to catch up on our Guild activities at the various information tables.
Oct 21 - 22, 2011	Fan-See Quilts and More Quilt Show Five Star Quilt Guild, Teeswater Culross Community Centre. Contact: Donna Ignas dmignas@hotmail.ca
Oct 22, 2011	The third annual Charlie Fund Quilt Event. Maple Grove United Church, 346 Maple Grove Drive, Oakville, ON, 10:30 a.m. - 4:30 p.m. Quilt show by the Group of Eight Fibre Artists, silent quilt auction and other quilt- and pet-related attractions. New this year: Charlie Fund Quilter's Boutique. Admission: \$2. Free parking and free refreshments. Win a door prize - win a game! Every dollar raised goes directly to the emergency/special medical needs of the ill and injured homeless animals at the Oakville & Milton Humane Society. Attention quilters: if you would like to donate a quilt, please go to www.oakvillemiltonhumane.ca , scroll down on the home page to the description of this fundraiser and click on "Calling all Quilters" for the "2011 Entry Form for Quilts". Contact: (Mrs.) Anne M. Smith, email: amsmethodhs@hotmail.com or phone 416-258-8401.

On the Calendar cont'd

Oct 21 - 23, 2011	Creative Sewing & Needlework Festival , Metro Toronto Convention Centre, South Building. Classes, featured guests, merchants etc Website www.csnf.com
Nov 11 - 13, 2011	A Celebration of Quilts XI - Art for Body and Soul at Japanese Canadian Cultural Center, Toronto by York Heritage Quilters Guild. Contact: www.yhqq.org
May 24 - June 2, 2012	Quilt Canada "Seams Like Home" Halifax, Nova Scotia http://quiltcanada2012.ca

Websites for Events in Canada and the USA

Canadian Quilters' Association web www.canadianquilter.com

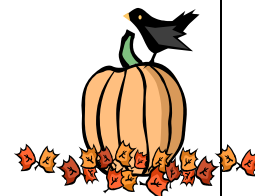
American Quilter's Society web www.americanquilter.com

From the Newsletter Desk

Do you have an item of interest for the newsletter? You can share a story, sell something, find "lost" fabric, share your stash, find a quilting buddy, carpool to a quilt show.....Contact your newsletter editor Fabia Joyce email fabia_steve@rogers.com

Please note that all submissions may be subject to editing for grammar, spelling and content.

"Hi Ho, Hi Ho, its off to sew we go"



Fabrics & Quilts



Country Patchworks

Woodstock, Ontario

Ph. (519) 537-8753
515533 11th Line
R.R.#3 Woodstock, ON
N4S 7V7

www.countrypatchworks.ca

...Worth the Drive to the country!



**A Stitch In Time
Long Arm Quilting**

- ♦ Professional Quality - Pantos, Freehand, Edge-to-Edge and Custom Quilting
- ♦ Affordable Prices
- ♦ Fast Turnaround

Heather McDermott

519-954-0243

www.astitchintimemq.com

Monday to Friday, 10-5; Saturday 9-4
519-584-2130
321 Lancaster St. W.
Kitchener, ON N2H 4V4
creativesisters@bellnet.ca
www.creativesisters.ca




Batiks
Coordinates
Custom Machine Quilting
Wide Backings
Oriental

Full Moon Frenzy
Join us every full moon for 25% off all regular price fabrics &
15% off all other regular price items.
Extended hours on weekday frenzies.



REICHARD'S
THE QUILTER'S STORE

4 Hachborn St,
St Jacobs.
519 664 3307
Mon-Sat. 9.30-5pm
Open Sunday 12-5 starting April
Show your guild card for a 10% discount



CELEBRATING 25 YEARS

**THE PLACE to purchase
ALL your quilting supplies
Batiks, Asian, Thirties,
Black & White, Classes,
100's of Books & More**

3991 Perth Rd 107, Shakespeare
(1 block south of the lights)
A short 30 Min. from K-W
519-625-8435

heather@thequiltplace.ca
www.thequiltplace.ca

Mon. to Sat. 10-5:30
Sun. 12 - 5:00 Apr to Dec



www.flarefabrics.ca

Marlene Starkman
marlene@flarefabrics.ca
1-888-97-FLARE (973-5273)

